

FRUIT CAKE



- When making a fruit cake the ratio of flour should be slightly high to hold the weight of fruits.
- Additional mixing time or additional liquid content will help fruits to remain underneath the batter.
- Selection of a suitable flour which will also help to hold the fruits and rise while baking Hence, ideally self raising flour.

Utensils / Equipments

• Beater - Making the batter

- Oven -Baking
- Pan/Tray-Putting the batter

INGREDIENTS

| N o | Ingredients | Weigh t (g) | Step s | Rema rks |
|--------|-----------------------|----------------|-----------|-------------|
| 1 | Self Raising Flour | 400 | 3 | |
| 2 | Sugar | 300 | 1 | |
| 3 | Eggs | 300 | 2 | |
| 4 | Soft Margarine | 300 | 1 | |
| 5 | Condensed Milk | 50 | 4 | |
| 6 | Vanilla | 5 | 4 | |
| 7 | Mixed Fruits | 400 | 5 | |

PREPARATION

Process

- 1. Preheat the oven for 20 minutes at 180 C
- 2. Beat sugar and margarine while slowly adding eggs until the batter gets soft and steady (20 to 30 minutes).
- 3. Add self raising flour into the mix slowly
- 4. Add vanilla and condensed milk to the batter while mixing slowly
- 5. Add the fruits and mix well until all the fruits spread evenly
- 6. Put the batter into a greased pan and bake for 45 minutes at 180c

<u>Garnish</u>

- 1. Frost with icing sugar
- 2. Use whole cherries green & red.
- 3. Prepare a brandy sauce for garnish pour.

Critical Points

- 1. How to add eggs gradually
- 2. Checking the batter whether sugar is properly dissolved or not
- 3. Baking color of top and checking inside the cake