

FRUIT CAKE



- When making a fruit cake the ratio of flour should be slightly high to hold the weight of fruits.
- Additional mixing time or additional liquid content will help fruits to remain underneath the batter.
- Selection of a suitable flour which will also help to hold the fruits and rise while baking Hence, ideally self raising flour.

Utensils / Equipments

• Beater - Making the batter

1/3

- Oven -Baking
- Pan/Tray-Putting the batter

INGREDIENTS

N o	Ingredients	Weigh t (g)	Step s	Rema rks
1	Self Raising Flour	400	3	
2	Sugar	300	1	
3	Eggs	300	2	
4	Soft Margarine	300	1	
5	Condensed Milk	50	4	
6	Vanilla	5	4	
7	Mixed Fruits	400	5	

PREPARATION

Process

- 1. Preheat the oven for 20 minutes at 180 C
- 2. Beat sugar and margarine while slowly adding eggs until the batter gets soft and steady (20 to 30 minutes).
- 3. Add self raising flour into the mix slowly
- 4. Add vanilla and condensed milk to the batter while mixing slowly
- 5. Add the fruits and mix well until all the fruits spread evenly
- 6. Put the batter into a greased pan and bake for 45 minutes at 180c

Garnish

2/3

- 1. Frost with icing sugar
- 2. Use whole cherries green & red.
- 3. Prepare a brandy sauce for garnish pour.

Critical Points

- 1. How to add eggs gradually
- 2. Checking the batter whether sugar is properly dissolved or not
- 3. Baking color of top and checking inside the cake