

RULANG CAKE



- Rulang Cake (Pieces) is a sweet based snack and ideal to have with tea or coffee. It can also be served as a dessert too. Process of making rulang at home is very easy and
- children particularly love this types of sweet.
- The critical point of making a rulang cake is caramelizing of sugar and if over caramelized, will taste bitter.

Utensils / Equipment

1/3

- Stove Heating
- Frying Pan Processing the product base

Rulang Cake

INGREDIENTS

No	Ingredients	Weight	Steps	Remarks
1	Semolina	250	3	Roasted
2	Sugar	300	1	
3	Water	150	2	
4	Scraped Coconut	400	4	
5	Plain Flour	100	5	Roasted

PREPARATION

Process

- 1. Roast semolina until light golden brown color
- 2. Heat Sugar until Light golden brown color (Caramelize)
- 3. Add water
- 4. Add Scraped coconut on to the caramelized Sugar
- 5. Mix it well while adding roasted semolina
- 6. Add roasted plain flour on to the mix and stir it until little dry
- 7. Sheet the mix in a greased tray
- 8. Cut into pieces and serve

Rulang Cake Garnish

2/3

1. Wheat grains and Red Cherry in a wooden bowl

Critical Points

- How Caramelizing the sugar
 How Roasting Semolina / Flour
 Sheeting the mixture and cutting the sheet